



Philipsburg Heritage Days 5K Run/Walk And Kid's 100 Yard Dash

Saturday, July 13, 2019

7:00 AM Registration 8:00 AM 5K Walk 8:15 AM Run

Benefits the YMCA of Centre County – Moshannon Valley Branch
"Sports for All Hearts" Program



EVENT LOCATION: Race and walk will start on the P.O. High School Track and continue out into streets in Curtis Park and Philips Heights. The race and walk will finish on the high school track. The 100 Yard Dash is open to all children ages 4-12.

COURSE DESCRIPTION: This race starts on a track and then moves out to open roads with limited control intersections. It is a moderate difficulty for beginners and a relatively easy course for more experienced runners. The course is accomplishable by any individual regardless of fitness expertise. Course paths are well marked and there are first aid stations at the halfway mark and finish line. Electronic timing services will be utilized during the event.

**Register in person at any branch of the YMCA of Centre County
or on-line at www.ymcaocc.org through June 30, 2019.**

WALK: Pre-registration \$10.00 - Day of Race \$15.00

RUN: Pre-registration \$15.00 - Day of Race \$20.00

100 YARD DASH: Pre-Registration \$10.00 - Day of Race \$15.00

T-shirts are guaranteed to pre-registered participants only!

Pre-registrations will not be accepted after June 30, 2019.

Sports for All Hearts mission is to reach children and teens with special needs and autism in the surrounding areas to give everyone a safe and supportive place to play sports. To teach individuals life lessons such as leadership, team work, and sportsmanship in a hardworking and educational environment.

YMCA OF CENTRE COUNTY
Moshannon Valley YMCA 113 North
14th Street, Philipsburg, PA 16866
www.ymcaocc.org